## LUNCH April 2018 Lisbon Grade School Choice of Low Fat White, Fat Free White or Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, Fat Free Chocolate Milk served daily. onions, bell peppers, mushrooms, zucchini, and artichoke hearts. Fruit Juice & Desserts served on occasion. Monday Tuesday Wednesday Thursday Friday Chicken Patty on Bun 3 Pork Riblet on Bun Meatball Sandwich w/ 4 Sausage, Egg & 6 2 5 No Potato Smiles Marinara Sauce Baked Beans Cheese Wrap Lettuce Salad w/ Dressing School Fruit Hash Brown Fruit **Pudding Cup** Fruit, Fruit Snacks Fruit, Orange Juice Jell-O Cup 13 Hot Turkey 9 Beef Tacos 10 Hot Dog on Bun 11 Macaroni and Cheese (12) Hamburger or Mashed Potatoes & Gravy Nacho Chips Lettuce Salad w/ Dressing Green Beans Cheeseburger on Bun Fruit Salsa, Sour Cream Fruit Fruit Baked Beans Cookie Carrots, Fruit Pudding Cup **Rice Krispy Treat** Fruit, Jell-O Cup 16 17 18 19 (20) Cheese-filled **Chicken Nuggets BBO** on Bun Mini Corn Dogs Double Stuffed Pizza Breadstick w/ Marinara Baked Beans Potato Smiles Nacho Chips & Cheese Lettuce Salad & Dressing

23 Salisbury Steak Mashed Potatoes & Gravy Garlic Texas Toast Fruit

Fruit

**Pudding Cup** 

Baked Beans

**Rice Krispy Treat** 

Corn Dog

Fruit

30

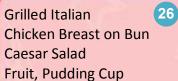
Beef Tacos Nacho Chips Salsa, Sour Cream Corn, Fruit

**Green Beans** 

Fruit, Granola Bar

Fruit Carrots Jell-O Cup Fruit. Fruit Snacks 24 25 **French Toast Sticks** Sausage Patty Tator Tots

Fruit



Pretzels w/ Cheese Corn Fruit

Jell-O Cup

27

**Rice Krispy Treat** 

Fruit