

**LISBON COMMUNITY
CONSOLIDATED GRADE SCHOOL
DISTRICT #90**

**PARENTS
EXTRA-CURRICULAR
POLICY/HANDBOOK**

2018-2019

LISBON GRADE SCHOOL
EXTRA - CURRICULAR
ACTIVITIES & ELIGIBILITY
POLICY/HANDBOOK

It is recognized by the Faculty, Administration and Board of Education that students who participate in extra-curricular activities are, in fact, representing the school and community in the eyes of the public. The following eligibility requirements are, therefore, set as a minimal standard for all students who wish to participate in any of the following extra-curricular activities: all athletics, cheerleading, pom poms, speech contests, math contests, literary contests, music contest, and any other school sponsored activities.

1. Students must reside within the boundaries of the School District and must attend Lisbon Grade School unless approved by the Board.
2. Students must be enrolled and in attendance no later than the beginning of the eleventh day of the school year. Students may join a team/activity, with the permission of the sponsor/coach, if they are new to the school or just become eligible due to grades.
3. Students who transfer into Lisbon Grade School during the year will become eligible upon his/her eleventh day of practice.
4. No student who has reached the age of fifteen (15) prior to August 15th preceding the current school year may participate in junior high level school contests.
5. No student who has reached the age of thirteen (13) prior to August 13th preceding the current school may participate in the 5th and 6th grade team level. In addition, no 7th or 8th grade students will be allowed to play during the team games or tournaments.
6. No student shall be permitted to try out, practice, or participate in or for any athletic or cheerleading team unless he/she has filed with the school office an athletic physical issued by a licensed physician, and has paid any registration fees for that sport or activity. In addition, parents must provide a full waiver of responsibility and proof of accident insurance coverage. Sports physicals are good for 395 calendar days. Students must have a valid physical during the entire sports season. School physicals (for grade 6) are

valid for the entire school year as long as they are current on the first day of that school year.

7. No student shall be allowed to participate following a disabling illness or injury without a physician's release.
8. All participants must have had at least 67% cumulative average in each subject. Work shall be checked weekly (on Friday) to govern eligibility for the following Monday through Saturday. Average is cumulative starting one week before practice for any sport.
9. If a student is ineligible in one subject, he/she can practice. Students ineligible in one subject are required to sit on the bench in uniform or street clothes unless excused by the coach. If they are not at the game, then it is considered to be a "missed" practice (unless excused by coach). If the student does not attend all practices during this time, he/she will have to sit out one game of the match (example: volleyball) or one quarter (example: soccer or basketball). Other activities will determine an equivalent strategy. If a student is ineligible for more than one week in one subject, then upon return to the team the student must attend at least one practice to be eligible to start the next game or match. If a student is ineligible in two (2) or more subjects, he/she cannot practice or participate. Upon return to the team, the student must attend at least one practice to be eligible to start the next game or match. Any situations not defined by this policy will be at the discretion of the team coach, considering factors such as conditioning, knowledge of new plays or other conditions not covered in this policy. Scholastic bowl eligibility will follow the sports eligibility policy. Eligibility for speech/literacy/music(s) contest will be determined by the grades at the end of the 1st (or nearest quarter).
10. After a nine week grading period and a student has been found ineligible in any subject, he/she is ineligible for one week. All students are eligible after the first week of the new nine weeks until the end of the third week of the new nine weeks when eligibility averages will be taken.
11. At least three (3) grades must have been given in a class in a new nine week grading period before any student can be determined ineligible.
12. Due to short season, track eligibility will be based only on the midterm grade. However, students cannot have more than 3 missing assignments in any one class to maintain eligibility. All other eligibility rules apply.
13. Any student that is on OSS (out of school suspension) will **not** be eligible to play or practice in any event. If the OSS is for more than one day, then the student must attend at least one practice to be eligible to start the next game or match. Students on ISS (in school suspension) will **not** be eligible to participate in practices or games on the day of the ISS.

14. Students that miss practice or a game/contest due to illness, death in the family, vacations, or various other situations will have starting status and playing time determined by each coach on a case by case basis. Students that miss a practice or a game/contest because of an unexcused reason (coaches/sponsors will determine excused and unexcused status) must sit out at least the next game/performance/contest. Students that miss practice a second time during the same season or academic year due to unexcused circumstances may be removed from the team. An unexcused absence is defined as not being present at a practice or game without prior knowledge and/or approval of the coach. A phone call or note by the parent describing an emergency can be used to excuse an absence *if* the reasons are warranted in the coaches/sponsors opinion. Students who are injured are expected to be at practices, to watch and learn (attendance at games is optional). There will be no mandated practices on holidays (ex: Christmas). Practices can be scheduled on days when school is not in session with the agreement and prior knowledge of the Athletic Director.
15. When a student is absent from school for more than half the day, the student is not to be at after-school activities of any kind unless approved by the building administrator. Students that are absent on Friday due to illness or other reasons may participate on Saturday.
16. The school discourages sending students to school when they are ill solely for the purpose of participating in those evenings activities. A student must be in attendance by 11:30 A.M. the day of a school sponsored event (game, music/academic/award program, contest, etc.) to be eligible to compete/participate in the event that evening. An exception may be granted by the building administrator if notification is provided by the parent prior to the day of the event/contest. Students that have a doctor/dentist appointment (s) or funeral/wake are exempt from this policy. Students are eligible to play/participate on Saturday, if they were absent from school on Friday as long as all other school illness policies are followed. Students must be in attendance all day to participate in field trips or reward activities, unless prior arrangements are made with the building administrator (Example: doctors/dentist appointment or funeral/wake).
17. Students who are ineligible due to grades (failing one class) are expected to come to the game and sit on the bench in street clothes (or wear jersey if desired by the coach or sponsor). Students may be excused by the coach or sponsor for good reason.
18. Students who are injured are expected to be at practices and games in street clothes and sit on the bench. Student can wear jersey if desired by the coach

or sponsor. Students may be excused by the coach or sponsor for good reason.

19. If the district provides transportation services to the event, the coach/sponsor must keep a parent sign-out sheet authorizing parents/guardians to take their child(ren) from away venues. Parents cannot sign out any other student other than their own, unless a note (that is signed/dated) is provided to the sponsor by the students parent.
20. Use of gym will be as follows: The current sport will always have preference; however, they may schedule their practices allowing for the need of any other sport or activity if the coach agrees. Basketball and volleyball will always have preference to the gym facilities over other district activities (some exceptions will include Christmas and Spring Concert, Senior Citizens Dinner, LOOP Pork Chop Supper, etc.). Communication and cooperation are necessary when seasons overlap. During season overlap, the current (first) sport has preference on gym practice times. When a home game or other activity is scheduled for one sport, the other sport or activity must end practice and have the playing surface cleared and equipment properly stored 30 minutes prior to the start of the contest.
- 21. Parents should encourage students to put items of value in their lockers during practice time and games to avoid problems.**
- 22. Parents are encouraged to communicate with the coach or sponsor about student progress in the sport or activity. However, it is the coach's decision to allow or to restrict parent(s) presence in the room or gym during practice time. This is solely to prevent distractions by student athletes or participants during the practice.**
- 23. Students are subject to the Lisbon School District Discipline Guidelines during all practices and/or games at home or at any away event.**
24. Uniforms are provided by the school district thru contributions of various organizations. Any uniform that is not returned to the school will be charged to the parent. Students are responsible for the uniforms at all times. No changes or additions can be made to the uniforms without the permission of the coach and/or Athletic Director; this includes knee socks, òTö shirts, under armor etc. Shoes are the responsibility of the parents. Check with the coach before you purchase any of these items. Students are not to wear uniforms to school unless directed by coaches to do so.
25. Items not covered by this handbook are up to the discretion of the A.D., building administrator and coach/sponsor.
26. This handbook is subject to change at anytime without prior notification.

