

May 2019

Lisbon Grade School

LUNCH



Choice of Low Fat White Milk, Fat Free White, or Fat Free Chocolate served daily.

Dessert or Treat will be provided daily.



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday



Tuesday



Wednesday

Thursday

Friday

Corn Dog
Raw Carrots & Ranch
Fruit
Treat

6

Orange Chicken
Rice
Green Beans
Fruit, Treat

7

Cheese-filled Breadsticks
Marinara Sauce
Raw Veggies
Fruit, Treat

8

Double Stuffed Pizza
Lettuce Salad w/ Dressing
Fruit
Treat

9

Beef Tacos
Nacho Chips, Salsa
Cheese, Sour Cream
Carrots, Fruit, Treat

10

Pretzels & Cheese
Green Beans
Fruit
Treat

13

Hot Ham & Cheese
On a Bun
Seasoned Fries
Fruit, Treat

14

Chicken Tenders or
Popcorn Chicken
Baked Beans
Fruit, Treat

15

Sub Sandwich
(ham, turkey, cheese)
Potato Chips
Fruit, Treat

16

Chicken Cordon Bleu
Buttered Noodles
Carrots
Fruit, Treat

17

Pork Riblet on a Bun
Baked Beans
Fruit
Treat

20

Mini Corn Dogs
Nacho Chip & Cheese
Carrots
Fruit, Treat

21

Chicken Patty on a Bun
Potato Chips
Fruit, Treat
(Sack Lunch)

22

Hot Dog on a Bun
Potato Chips
Fruit, Treat
(Sack Lunch)

23

BBQ on a Bun
Lettuce Salad w/ Dressing
Fruit
Treat

24

NO
SCHOOL

27

Hamburger or
Cheeseburger on a Bun
Caesar Salad
Fruit, Treat

28

Beef Taco
Nacho Chips & Salsa
Cheese, Sour Cream
Corn, Fruit, Treat

29

NO
SCHOOL

30

Hot Dog Lunch

31